



# WHAT TO BRING

- Bible (real or digital)
- Pen
- Journal or notebook
- Refillable water bottle
- Outdoor shoes and slides/slippers/sandals (for shower)
- Water shoes for the lake
- Toothbrush, toothpaste, deodorant, other toiletries
- Towel for shower/beach towel for lake, washcloths, shampoo, and soap
- Clothing for 2 nights and 3 days
- Sleepwear
- Swimwear
- Lightweight jacket or sweatshirt
- Sleeping bag or blankets & sheets, pillow
- Sunscreen
- Bug spray
- Flashlight
- Turn in any necessary medications when you check and they will be administered
- Forest Home is cashless. You can purchase an eGift card and check the balance using this link <https://www.foresthome.org/about/storecard/>