

FPCU Women's Retreat 2010



Who? Any woman wanting to grow spiritually, closer to God and others.

When? Fri April 9 - Sun April 11 Cost \$125 (Scholarships available)

Where? PineCrest Conference Center, Twin Peaks, CA (near Lake Arrowhead)

Retreat Speaker – Rev. Erin Thomas



Erin Thomas is Associate Pastor at Calvary Presbyterian Church in Riverside overseeing the Jr. High and High School Youth Group, Christian Education, and Mission. A southern California native, Erin grew up in the La Cañada Presbyterian Church and lived for 20 years in Rancho Bernardo attending Rancho Bernardo Presbyterian Church where she discerned her call to ministry, receiving her M. Div. from SFTS/So. CA. Erin has co-lead women's retreats and lead small group

Bible studies on a wide variety of topics such as prayer, living the Beatitudes, spiritual gifts, walking meditation, spiritual disciplines, end-of-life issues, and exploring one's spiritual journey.

Prior to becoming a minister in mid-life, Erin spent 25 years in advertising, marketing and public relations. She has published a book of poetry, *Recovering the Soul* and comes from a long line of resilient women.



THEME: The Art of Resilience: Learning to be resilient in an up and down world.

Resilient women are like supple trees that can bend when the storms of life blow hard; they are pliant and yielding when multiple challenges come upon them. They are strong in the face of adversity; hardy when pushed around by life. They are quick to recover from devastating situations; buoyant like a boat, staying afloat when events threaten to swamp them. And through it all, they remain feisty, strong, and positive. They are women of deep faith, who have lived life in all its uncertainties; who have stories to tell about their greatest challenges; and who have a relationship with God that can weather any storm and that has carried them through life. They are women just like you and the woman next to you. For they have learned *The Art of Resilience*. We can draw our learning about *The Art of Resilience* from a number of women of the Bible who were resilient who most people would have crumbled. They are women who, when life's challenges threatened to crush them, continued to seek God and cling to God's promises.



Please contact for more information:

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